

WINTER
SPRING
2025



nace
NOBLE ADULT & COMMUNITY EDUCATION

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NACE

Connecting Community Through Education

Flexible Academic Offerings • Paper Making • Line Dancing • Sewing Classes
Basic Auto Care • Goat Milk Soap • Downsizing • Crafting Cards • Tai Chi
Academy of Medical Professions Offerings • Myths of Medicare • Jewelry Making
And More!



Maine Adult Education
EDUCATE • EMPOWER • ENRICH

Winter / Spring 2025

Welcome to the NACE Winter/Spring Catalog!

Dear Students,

Let's step into a season of new beginnings, fresh possibilities, and transformative growth together! Whether you're here to advance your academic goals, explore new areas of interest, or simply enrich your life with new knowledge, we are thrilled to have you join us for this exciting winter / spring semester. We celebrate your commitment to lifelong learning.

Just as winter invites us to pause, reflect, and prepare for the spring ahead, this semester offers us the opportunity to nurture our minds and spirits, to plant seeds of curiosity. Like the quiet beauty of winter snowfall, each moment of learning, no matter how small, builds upon itself, creating a beautiful, unique journey of personal achievement.

Whether you're working toward a high school or workforce credential, enhancing your skills for career growth, or taking enrichment courses to explore new passions, our learning community is here to support you. While the journey may sometimes feel quiet or challenging, it's also full of hidden potential, waiting to be revealed as you move forward.

The winter months may bring cold winds and challenges, but they also bring clarity, focus, and the promise of new growth. With every step you take, you are planting the seeds for future success. This semester, let's embrace the energy of renewal and transformation, knowing that the hard work you put in now will bloom into great things in the months to come.

Wishing you a semester filled with warmth, inspiration, and the kind of growth that only comes from stepping into the unknown with courage and determination. You've got this, and we're here to cheer you on every step of the way!

Warmly,

Jeanne MacDonald-Johnson

Assistant Director
Noble Adult and Community Education

VOLUNTEER

Sew for "Dress A Girl"

Every girl deserves at least one dress. Since October 2009, "Dress A Girl Around The World" has reached over 81 countries with a recorded number of over one million dresses delivered to girls in need around the world. Jane, the Maine DAG Ambassador, welcomes your support again this semester with sewing menstrual pads and dresses for girls in need.

We will be holding 9 sewing dates for those who are interested in volunteering their time to sew. You can stay the whole time or for a few hours; any help is appreciated. If there are more requests for sewing days, we will update that information on our website and social media. Feel free to bring a lunch with you; the sewing room at NACE has a refrigerator that you can keep your food/drinks in.

We do ask volunteers to please register for the days they wish to come in and sew to be sure the sewing room and supplies are all ready.

Apr 29 - Jun 24 **Tue, 10a - 2p** **FREE**



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NACE ACADEMICS

Rolling Admission for the Winter/Spring 25 Semester

The following courses are available to adult learners who are seeking to fulfill requirements for the high school diploma program, to prepare for the HiSET, or to transition to employment or college. Daytime and evening classes occur in small classroom settings at Noble High School, the DA Hurd Library, the Berwick Library, and House of Hope. Remote options are also available! Classes and exam preparation are free to Maine residents!

High School Completion

High School Diploma

We can request your high school records to determine how many credits you need to earn a traditional high school diploma. Our program requirements align with the standards of Noble High School.

High School Equivalency Test

High School Equivalency Test (HiSET) diplomas are widely accepted by employers, colleges, and the military. This is a great option for people who need many credits.

Classes

High School / HiSET Orientation

This 24-hour course is mandatory for learners pursuing either a high school diploma or HiSET. It includes intake, assessments, course placement, career coaching and workshop sessions.

Math For High School Completion

Brush up on math basics, learn new skills, and build confidence in math to use toward a high school credential.

Reading and Writing for High School Completion

Students will learn to apply various reading and writing strategies to advance skills for high school completion. This class features skill development across informational and narrative texts, vocabulary building, and essay development.

Financial Literacy

Develop skills in budgeting, building credit, saving for retirement, basic investing, and paying for college. This course may be used for credit towards a high school diploma, or as part of an educational plan for college or career.

Digital Literacy Skills

This self-paced course allows you to focus on the specific computer tools that are of interest to you. Topics are based on the Microsoft series (MS Word, MS Excel and MS Powerpoint), and the Google Suite. Learn to apply these digital skills in personal, academic, and career contexts.



Maine College & Career Access

Maine College and Career Access is a free program for students who are seeking a credential of value beyond high school completion, such as an apprenticeship, certificate training, or college degree. Students create an individualized learning plan under the guidance of their advisor to prepare for next steps and reach educational goals.

Math for Career and College

This class is a refresher to upgrade your skills, prepare for an ACCUPLACER exam, or to gain skills to further your career or go to college.

Reading and Writing for Career and College

Tailored to meet your goals, emphasis is on daily reading, expanding your vocabulary, learning to identify well-written material, working with the types of texts you are likely to encounter in college or on the job, and writing for college or work.

College and Career Advising

Work with your advisor to determine your next steps towards a career or college through career and college exploration, aptitude testing, job shadows, and more. Get support with college or job application processes, financial aid, and college/workplace readiness skills.



Multilingual Learning



English Language Classes for Multilingual Learners (MLL)

MLL students will practice speaking, writing, reading, and listening skills with a professional English language teacher. Courses offered range from basic through advanced, with placement based on individual learning needs.

English as a Foreign Language Test Prep - TOEFL

This class will help you prepare for the TOEFL IBT (Test of English as a Foreign Language: Internet Based Test), used as a measure of college readiness.

Civics Literacy for US Citizenship

Build the literacy skills needed and knowledge required to become a US citizen in this class. Material is designed to understand the United States democratic system, and teachers will assist in practicing the civics test for citizenship.

MLL Class Schedule

Beginner English

Monday, Wednesday, Friday | 11:30am - 1:00pm

High Beginner English

Tuesday, Thursday | 7:15am - 8:15am

Intermediate English

Monday, Wednesday | 9:00am - 11:00am

Advanced English

Monday, Wednesday | 2:45pm - 4:15pm

or

Monday, Wednesday | 6:00pm - 8:00pm

Citizenship

Friday | 9:30am - 11:00am

MEDICAL TRAINING WITH



Looking to get your foot in the door within the medical field? Become Nationally Certified with a new career in as little as 16-20 weeks!

PROGRAMS OFFERED BY AMP INCLUDE:

Phlebotomy with CPT Certification

\$3500

Mar 11, Jul 1; Tuesday/Thursday, 5:30 - 8:30 pm

Medical Office Specialist - Admin. Medical Assistant

\$3,200

Feb 13; Wednesday, 5:30 - 7:30 pm
or Online Anytime

Pharmacy Technician with PTCB National Certification

\$2,850

Online Any Time

Medical Coding with CPC Certification

\$3,950

Mar 13 Thursday, 5:30 - 8:00 pm
or Online Anytime

Clinical Medical Assistant

\$3,500

Feb 25, Jun 17; Tuesday/Thursday, 5:30 - 8:30 pm

Dental Assistant

\$3,200

Feb 3, Jun 2; Monday, 6:00 - 8:00 pm
or Online Anytime

Medical Transcription Certificate Program

\$3,200

Online Anytime



Contact us today to get started!

Call: 207.676.3223 • Text: 207.331.4051 • Email: jeanne.macdonald-johnson@msad60.org



NACE

ENRICHMENT

January 2nd - June 30th

ARTS & CRAFTS



A Library of Hand Bound Books

Gayle Fitzpatrick

In this class, students will create 6 book structures: a simple pamphlet book, a Japanese Stab Bound book, a basic Codex, a hardcover accordion book, a hardcover book with signatures sewn on tapes, and flutter books. Class will focus on the techniques, structures, tools, materials and processes.

Materials fee of \$6 is due at the start of class and paid to the instructor.

Minimum: 5 | Maximum: 10

Jun 2 - Jun 23 Mon, 6p - 8p \$40

Beaded Jewelry

Beth Goody

Hanson Elementary School, Lebanon

Come and have fun beading! Make a necklace, earrings, bracelet, or all of the above! There will be a wide variety of beads to choose from, depending on the project you select.

Please bring to class:

- A small towel

Materials fee starts at \$5 and is due at the start of class to the instructor.

Minimum: 4 | Maximum: 8

Apr 9 Wed, 6p - 8p \$18



Cardmaking

Katie Nickerson

Why buy a card from the store when you can make your own? NACE is excited to have Katie back to help you create beautiful cards that are great for special occasions. In these one-night classes, Katie will show you how to create two different card designs in class from kits, each dedicated to a different theme. The cost of the class includes card kits for four total cards, two of which we will go over in class. Please bring glue and a pair of scissors with you. What are you waiting for? Lets get stampin'!

You may purchase additional kits from Katie price (varying from \$12 - \$15)

**** If class is canceled due to snow, the class will be made up on Saturday of the same week.**

Minimum: 4 | Maximum: 6

Animal Card:	Jan 15	Wed, 6p - 8p	\$20
Valentine Card:	Feb 5	Wed, 6p - 8p	\$20
Mothers Day:	May 7	Wed, 6p - 8p	\$20
Fathers Day:	Jun 11	Wed, 6p - 8p	\$20

Expressive Art Journaling

Pam Clark

Mixed media art journaling gives you the freedom to create self-expressive art without the fear of mistakes. Expressive art journaling can help to reduce stress, depression and anxiety. In this 6-week class, learn to create a visual expression of ideas, thoughts and emotions while relaxing and having fun using a wide range of art supplies and techniques.

No art skills required! Supplies for use in class are provided.

No class February 20, April 24, June 19

Minimum: 4 | Maximum: 10

S3:	Jan 9 - Feb 13	Thur, 11a - 12:30p	\$70
S4:	Feb 27 - Apr 3	Thur, 11a - 12:30p	\$70
S5:	Apr 10 - May 22	Thur, 11a - 12:30p	\$70
S6:	May 29 - Jun 26	Thur, 11a - 12:30p	\$50



Soap Pouring

Beth Goody

Explore a variety of soap bases, colors, essential oils, molds, and textures to create personalized soaps for yourself, your loved ones, and friends. Please bring a 2 cup microwavable glass container.

Materials fee of \$7 is due at the start of class. You can also purchase additional materials during class.

Minimum: 4 | Maximum: 8

Feb 12 Wed, 6p - 8p \$18

Start Writing! A Quick Intro to Creative Writing

Jill Braceland

Start writing the great American novel that rests within each of us. Learn about a writer's notebook, the pre-writing process, poetry, and publication issues. Enjoy two sessions of exploring creative writing in a friendly environment.

Minimum: 4 | Maximum: 8

Apr 29 - May 6 Tue, 6p - 8p \$18

Spring Flower Arrangements

Beth Goody

Hanson Elementary School, Lebanon

Brighten up your table with fresh spring flowers, just in time for Easter! In this class you will use fresh flowers and greens to make a beautiful centerpiece for your table.

A material fee of \$10 is due at the start of class to the instructor.

Minimum: 4 | Maximum: 8

Apr 16 Wed, 6p - 8p \$20

Drawing & Painting



Beginner Drawing

Gayle Fitzpatrick

This class is for beginners as well as for those who have had some drawing experience. Develop the skills to draw what you see. You will begin with the basics: contour, perspective, value, shading, composition, and gesture. Moving on, you will do observational drawing using line, gesture, shape, value and texture to record and interpret reality.

Materials list for this class is available on the class registration page.

Minimum: 5 | Maximum: 10

Jan 9 - Feb 6 Thur, 6p - 7:30p \$50

Drawing II

Gayle Fitzpatrick

Students in Drawing II will engage in sequential learning experiences that encompass aesthetics and production and lead to the creation of portfolio quality works. Further development of drawing skills is the primary objective of this class and uses the human figure, landscape, still life and design work to help accomplish this goal. Students will learn various techniques and different approaches to drawing through the use of chalk, colored pencil, conte crayon, pastels, pen and ink, charcoal, and pencil. Drawing II students will critique their own and others' works.

Materials list for this class is available on the class registration page.

No class February 20

Minimum: 5 | Maximum: 10

Feb 13 - Mar 20 Thur, 6p - 7:30p \$50

Beginner Acrylic Painting

Gayle Fitzpatrick

This class covers composition, color theory, and color mixing as well as materials and techniques. You'll learn and practice the fundamentals of painting with acrylics. Classes will provide time for experimentation, creativity and the opportunity to work on your own projects with guidance from the instructor. Beginner and intermediate painters are welcome!

Materials list for this class is available on the class registration page.

Minimum: 5 | Maximum: 10

Mar 27 - Apr 17 Thur, 6p - 8p \$50

NEW! Intermediate Acrylic Painting

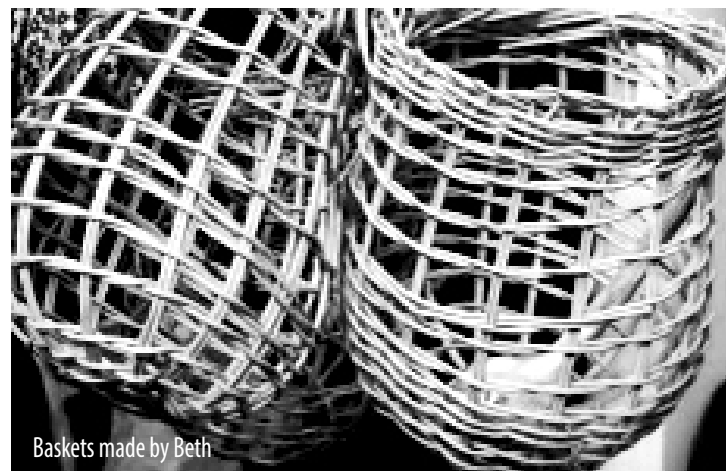
Gayle Fitzpatrick

This 4-week class is for students who have had some experience in painting, and who want to learn more complex color theory, paint mixing and composition techniques. Class time will include time for experimentation, creativity and the opportunity to work on your own projects with guidance from the instructor.

Materials list for this class is available on the class registration page.

Minimum: 5 | Maximum: 10

May 1 - May 22 Thur, 6p - 8p \$50



Baskets made by Beth



Make a Garlic Basket

Beth Goody
Hanson Elementary School, Lebanon

Learn to weave a quick basket that is perfect for storing your garlic, onions, or anything! This twill technique comes together quickly and easily for a beautifully finished product in just one class!

Please bring to class:
- A full size bath towel

A material fee of \$10 is due at the start of class to the instructor.

Minimum: 4 | Maximum: 8

Feb 26	Wed, 6p - 8p	\$20
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Ceramics Open Studio

Cynthia Plaisted

Come join us as we explore the wonders of clay! You will develop and use it to create unique pieces of your own design through a variety of techniques. You will be encouraged to try the manual and electric wheels, roller, carving tools, and beautiful glazes to bring the pieces you imagine to life. Beginners to experts welcome.

A material fee of \$45 is due at the start of class to the instructor.

No class February 17, April 21, May 26
Minimum: 5 | Maximum: 15

S3: Jan 27 - Mar 10	Mon, 5p - 8p	\$80
S4: Mar 17 - Apr 28	Mon, 5p - 8p	\$80
S5: May 5 - Jun 16	Mon, 5p - 8p	\$80



Crocheting 101

Elizabeth Chickering

NACE is excited to welcome back Elizabeth Chickering for a beginning crochet class! Beginner and experienced crocheters are welcome in this 4-week class. Beginners will start with a simple scarf project for which Elizabeth will provide the pattern. For more experienced crocheters, bring in your projects, and the instructor will assist as needed.

Supplies for beginners to bring include:
- 3-5 oz skein number 4 medium weight yarn
- Size J and K crochet hooks
- Yarn needle
- Scissors
- Tape measure

Minimum: 4 | Maximum: 8

Mar 26 - Apr 16	Wed, 5:30p - 7:30p	\$20
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DIY Paper Easter Basket

Katie Nickerson

Hop into spring with this fun one-night class with Stampin' Up demonstrator Katie! Learn how to craft your very own basket with a tag from paper that you can use to fill with Easter sweets or use as a unique gift card holder. Please bring glue and a pair of scissors with you.

You may purchase additional kits from Katie (Price varies from \$12 - \$15)

**** If class is canceled due to snow, the class will be made up on Saturday of the same week.**

Minimum: 4 | Maximum: 8

Apr 9	Wed, 6p - 8p	\$18
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Knitting

Vicky Vaughn

Join us for a fun, no pressure knitting experience. This knitting class is great not only for beginners, but also for anyone who may be a little rusty. You'll learn how to cast on, how to master the basic knit and purl stitches, how to repair mistakes, and how to read a pattern! Vicky is a passionate knitter and always makes classes fun for her students. **Materials list for this class is available on the class registration page.**

Can't make a full session? Student drop-ins are welcome!
Drop-In fee is \$13 per class.

No class February 18, April 22
Minimum: 5 | Maximum: 10

S4: Jan 7 - Feb 13	Tue, 5p - 7p	\$70
S5: Feb 25 - Apr 1	Tue, 5p - 7p	\$70
S6: Apr 8 - May 20	Tue, 5p - 7p	\$70
S7: May 27 - Jun 24	Tue, 5p - 7p	\$59



Tools & Techniques For Homemade Cards

Katie Nickerson

Learn techniques to create homemade cards, scrapbook pages, and framed art pieces! In this two-night class, Katie will bring a number of her Stampin Up tools and share how to use these tools using different techniques to help you create your own unique cards. Techniques that you will learn in this class include: embossing, die cutting, watercoloring, layering, and creating custom backgrounds with the use of stamps. Please bring glue and a pair of scissors with you.

Class 1:

Embossing and die cutting are great ways to add texture and dimension to your cards. In this class, you will learn how to use an embossing and die-cutting machine to create a stunning card. In this one-night class, Katie is going to show you two fun and messy techniques that you can use to create a unique color pattern like marble or gradient.

Class 2:

Now that you have learned about using some key tools and unique techniques for creating beautiful cards, it's time to put it all together. In this final class, you will get to utilize what you've learned to create layers and custom backgrounds for your cards.

You may purchase additional kits from Katie (Prices vary from \$12 - \$15)

**** If class is canceled due to snow, the class will be made up on Saturday of the same week.**

No class March 12
Minimum: 4 | Maximum: 6

Mar 5 - Mar 19	Wed, 6p - 8p	\$30
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Work by Heather Coombs



Hand Embroidery

Heather Coombs

Have you ever wanted to learn how to hand embroider? Look no further! In this two-night class, Heather will teach you the ins and outs to get you started on your hand embroidery journey. You will learn basic stitches, learn about materials you can embroider, and understand how the right needle and thread can make all the difference. This is a great class for all skill levels. By the end of the class, you will have completed an embroidery piece that you can display proudly in your home. Don't forget to bring your imagination!

A kit fee of \$20 is due at the start of class to the instructor.

Minimum: 5 | Maximum: 8

Feb 26 - Mar 5	Wed, 6p - 8p	\$20
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All Things Paper

Gayle Fitzpatrick

Paper has been around for 2000 years, and we are going to explore all facets of it! Join Gayle in this 4-night class where you will dive into a number of fun paper making. We will start with making sheets of paper and progress to marbling paper, binding books, and sculpting. We will also create amazing cards.

A materials fee of \$7 is due at the start of class to the instructor.

Minimum: 5 | Maximum: 10

Apr 28 - May 19 **Wed, 5p - 8p** **\$40**

Ceramic Bird Feeder

Cynthia Plaisted

Are you a bird lover who wants to attract some birds to your yard? Get ready for spring in this 2-night class where you will make your own handmade bird feeder out of ceramic clay! Cynthia will work with you using the slab-build method to create your feeders. You'll be able to customize your feeder using a number of different tools to add texture and design, or you can freehand designs. When the feeders are ready, you will glaze them before their final firing.

Night 1: Creation

Night 2: Glazing

Pickup finished projects on Monday, May 5th at 6pm

A materials fee of \$15 is due at the start of class to the instructor.

No class April 23

Minimum: 8 | Maximum: 15

Apr 16 - Apr 30 **Wed, 5p - 8p** **\$30**



Wool Braiding



Beginner Wool Braiding - Mug Rug

Pam Rowan

Have you ever wanted to learn how to do rug braiding? NACE is excited to welcome longtime rug braider, Pam, to share how fun and easy rug braiding can be. In this beginner rug braiding class you will learn how to make a Mug Rug. You will learn how to begin a circular rug that is a continuous mat. When you have completed this small mat, a larger chair pad or rug can be made with these skills.

Kit fee is \$12 and payable to the instructor the night of class.

Class is limited to 4 per session

Minimum: 2 | Maximum: 4

Jan 17 **Fri, 1p - 3p** **\$15**

Intermediate Wool Braiding - Heart Rug

Pam Rowan

Love is in the air with this fun heart shaped wool braided rug class! Take your rug braiding skills to the next level with Pam in this two-night class where she will teach you how to manipulate your wool braidings to form the shape of a heart. This mat makes a great decorative accent in your home or you can give it to a special someone as a gift.

*This class is for intermediate wool braiders.

A kit fee of \$20 is due at the start of class to the instructor.

Minimum: 4 | Maximum: 4

Jan 24 - Feb 7 **Fri, 1p - 3:30p** **\$25**



Wire Wrap Jewelry Series

Beth Goody

Hanson Elementary School, Lebanon

Explore the fun and versatile world of wire wrapping jewelry, one of the oldest forms of jewelry making! There are many different techniques to learn to create beautiful, one-of-a-kind pieces. Beth brings years of experience and creativity to show you the different techniques to learn and/or expand your knowledge. Each week there will be a different project, and you can sign up for single classes or save and sign up for the full 4 weeks. No matter your skill level, all are welcome. Feel free to bring your own stone and if you have a pair of round-nose jewelry pliers, please bring them to class.

Let's get wrapping!

\$10 per class payable to the instructor at the start of class.

No class February 5

Minimum: 4 | Maximum: 8

S1: Jan 22	Wed, 6p - 8:30p	\$18
S2: Jan 29	Wed, 6p - 8:30p	\$18
S3: Feb 12	Wed, 6p - 8:30p	\$18
All 3 Projects		\$49 (Save \$5!)



Student Jewelry Work

MUSIC

Instant Piano on Zoom

Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. Since this class is being held online on ZOOM, you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands-on instruction.

Minimum: 1 | Maximum: 15

Apr 7 **Mon, 6:30p - 9:30p** **\$69**

Instant Guitar on Zoom

Craig Coffman

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours, you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online on ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well.

Class limited to 15 students. For ages 13+.

Minimum: 5 | Maximum: 15

Apr 8 **Tue, 6:30p - 9p** **\$69**

Learn to Play the Ukulele!
Your Journey Begins Here!

Duncan Perry

The ukulele has never been more popular, and you don't even have to know how to read music! On the uke you can knock out folk music, rock, blues, jazz, pop, and country tunes old and new -- even classical music. Join instructor Duncan Perry on ZOOM, who has taught more than 700 students of all ages, and who will introduce you to essential chords and playing techniques using commonly known songs. Oh, and there are lots of laughs along the way. And, learning to play an instrument is good for your brain! You will need a playable ukulele and an electronic tuner or a tuner app. And when folks hear you play this happy instrument, well, they just have to smile!

What are you waiting for? Grab a uke and get ready for a musical adventure, then spread the joy!

Minimum: 4 | Maximum: 8

S4. Feb 5 - Feb 26	Wed, 6p - 7:30p	\$79
S5. Mar 4 - Mar 25	Tue, 6p - 7:30p	\$79
S6. Apr 16 - May 7	Wed, 6p - 7:30p	\$79
S7. May 13 - Jun 3	Tue, 6p - 7:30p	\$79



SEWING FUN



Open Sewing Studio

Nancy LeClair

Every sewist knows what it's like to cut their fabric on the floor and then sew at the kitchen table. We also know it's a bit lonely and sometimes frustrating to find help when we are stuck on a particularly baffling pattern instruction. Come sew with us! Whether you're trying to complete unfinished projects or start new ones, Nancy will be on hand to guide you through the difficult spots. Bring your sewing machine and supplies, or do hand work.

NACE has irons, ironing boards, cutting mats, and rulers available to use during class time. If you need to borrow a sewing machine, please let us know ahead of the class.

No class February 17
Minimum: 4 | Maximum: 8

Jan 27 - Apr 7 Mon, 5p - 8p \$70 (Senior 65+ \$45)

Quilting 101

Mandy Furbush

Do you want to learn how to quilt but feel overwhelmed about getting started? Join Mandy in this **6-night class** where she will teach you common terminology, the parts of the sewing machine, tools used in quilting, and how to read a pattern. As you go through the class, you will work on a simple quilt wall hanging. If you have a sewing machine, you can bring it to class, but if you do not have one, let NACE staff know ahead of the class, and we can provide a machine for the duration of the class.

A materials list for this class will be available on the registration page for this class.

No class February 20
Minimum: 3 | Maximum: 6

Feb 13 - Mar 27 Thur, 6p - 8p \$60



One-Session Sewing



Wristlet

Christine Fortin

This cute little wristlet is great for the enthusiastic beginner sewist. It's the perfect size for when you just need to bring the essentials!

A materials list for this class will be available on the registration page for this class.

Minimum: 3 | Maximum: 6

Feb 13 Thur, 6p - 9p \$28

6-Pocket Tote Bag

Christine Fortin

Let's sew up this roomy and stylish tote bag. This tote has a nice deep main compartment and six exterior pockets - enough room to fit all the essentials! Perfect for the advanced beginner sewist.

A materials list for this class will be available on the registration page for this class.

Minimum: 3 | Maximum: 6

May 22 Thur, 6p - 9p \$28

Repurposed Sweater Mittens

Pam Rowan

Baby, it's getting cold outside! Join us to create a pair of toasty adult-size repurposed sweater mittens. Pam will have extra sweaters and fleece available for a small fee (sweater \$6 / fleece \$3). Bring a sewing machine, washed wool or wool blend sweater, 1/2 yd polar fleece, thread to match, fabric shears, paper shears, pins.

Kit fee is \$15 and payable to the instructor the night of class.

Minimum: 2 | Maximum: 6

Jan 16 Thur, 1p - 3p \$15

Summer Night's Dance

Dale McKibben
Hanson Elementary School, Lebanon

Have fun with this pretty, 3D quilt that is super easy! You can select multiple colors or use scraps to create this project. Students will need to purchase the pattern for \$8.95.

Materials for class include:

- 36- 9.5 inch squares with a smaller reflection fabric of the same color that is 2.5 by 7.5
- 5.75 yards of solid color fabric for sashing and background
- Sewing machine, thread, scissors and pins

No class April 23
Minimum: 5 | Maximum: 8

Apr 9 - May 21 Wed, 6p - 9p \$50

Do It Yourself Quilting

Kelly Monroe
Hanson Elementary School, Lebanon

Do you need time to finish a project, or are you stuck on a piece you have not touched in years? Kelly is well-versed in working with flannels, minky, and machine quilts. Join the group to laugh, chat, and sew. Show and tell is strongly encouraged.

Minimum: 5 | Maximum: 8

Jan 8 - Feb 12 Wed, 6p - 9p \$45 (Senior 65+ \$28)



Sewing & Quilt Weekends

with Elle Hickey & Kelly Monroe

Finish those UFOs (aka unfinished objects) or start a new one. Pick up helpful tips from fellow stitchers and make new friends! Escape those constant interruptions at home with over five hours of sewing and camaraderie. Show and tell is encouraged, and no one is too new to join in the fun! Bring handwork or your sewing machine and supplies. Iron, ironing board, cutting mats and rulers supplied.

Space is limited to 16 people so be sure to register early!

Jan 3+4	Fri, 5 - 8:30 pm	Sat, 9 am - 3 pm	\$18 (Senior 65+ \$10)
Feb 21+22	Fri, 5 - 8:30 pm	Sat, 9 am - 3 pm	\$18 (Senior 65+ \$10)
Mar 28+29	Fri, 5 - 8:30 pm	Sat, 9 am - 3 pm	\$18 (Senior 65+ \$10)
Apr 18+19	Fri, 5 - 8:30 pm	Sat, 9 am - 3 pm	\$18 (Senior 65+ \$10)
May 9+10	Fri, 5 - 8:30 pm	Sat, 9 am - 3 pm	\$18 (Senior 65+ \$10)
Jun 13+14	Fri, 5 - 8:30 pm	Sat, 9 am - 3 pm	\$18 (Senior 65+ \$10)



Jelly Roll Kaleidoscope Quilt

Dale McKibben

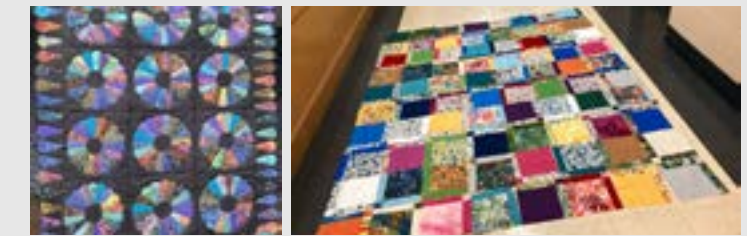
Quilt patterns that create optical illusions are popular and fun! Join Dale in this 5-night class as she shows you a popular quilting pattern called a Kaleidoscope. This pattern makes a cool kaleidoscope effect with the use of an assortment of fabrics. This quilt is a great way to use scraps or jelly rolls. Finished block size is 10" x 10" and the finished quilt size is 70" x 70".

Kaleidoscope quilt supply list:

- 1 Jelly Roll
- or
- 2 ¾ yards (background fabric)
- 1 ¾ yards (border fabric)
- ¾ yards (binding fabric)
- 4 ½ yards (backing fabric)
- 78" x 78" (batting)

No class April 24
Minimum: 5 | Maximum: 8

Apr 10 - May 15 Thur, 5:30p - 7:30p \$40





Basic Auto Care

Mark Nelson
Noble High School, Bus Garage

This course is designed to acquaint you with common mechanical problems and general auto maintenance skills. Tires, windshield wipers, fluids, jump starting, and other items will be discussed to help you to look after your car. There will be questions and possibly answers, most likely stories and demos.

Minimum: 6 | Maximum: 20

May 1	Thur, 6p - 7:30p	\$15
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Commercial Insurance

Brian Arsenault

Are you a business owner? Are you thinking of starting your own business? Maybe you're thinking about making that hobby of yours into a full or part-time business? In this seminar, we look at the basics of commercial insurance and the different types of policies that are available in the insurance market. We also look at how the different types of insurance policies work together to avoid gaps in coverage.

Minimum: 4 | Maximum: 10

Jan 16	Thur, 5p - 6p	FREE
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Live Like Tomorrow is Your Last

Tyler Kretschmar

This class will cover:

- The different types of life insurance
- How and why life insurance is important
- Utilizing life insurance for income and retirement planning

Minimum: 4 | Maximum: 10

S3: Feb 24	Mon, 5p - 6p	FREE
S4: Apr 28	Mon, 5p - 6p	FREE
S5: Jun 30	Mon, 5p - 6p	FREE

Introduction to Braille

Keith Hurd

Join us to learn about communicating by touch with Braille. This one-night class will be an introductory workshop on using Braille and will cover things like Braille cells and how to make numbers out of letters. We will also cover the use of specific tools to create Braille. You will leave with a better understanding about the Braille language. Maximum is 6, so register early.

Minimum: 4 | Maximum: 6

Apr 14	Mon, 6p - 8p	FREE
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Cyber Insurance

Brian Arsenault

What is cyber insurance? In today's world, more and more businesses are internet and social media driven. In this seminar, we will look at how cyber insurance can protect your business from cyber-attacks, data breaches, cyber-crime, system outages, and employee mistakes. We will also look at how different businesses need different types of cyber insurance coverage.

Minimum: 4 | Maximum: 10

Feb 27	Thur, 5p - 6p	FREE
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Myths of Medicare

Tyler Kretschmar

Review the basics and coverage levels of Medicare:

- Coverage of Part A, B, C and D
- When to sign up
- How to sign up
- The differences between Medicare advantage and Medicare supplement

Minimum: 4 | Maximum: 10

S3: Jan 27	Mon, 5p - 6p	FREE
S4: Mar 24	Mon, 5p - 6p	FREE
S5: May 19	Mon, 5p - 6p	FREE

Teenage Drivers: What is a parent to do?

Brian Arsenault

Do you have a child who just got their license or who will be going through driver's ed soon? In this seminar, we explain the insurance market and how teenage drivers are rated. We look at things that you can do to help alleviate the rising insurance costs and liabilities that your new driver may bring.

Minimum: 4 | Maximum: 10

S3: Jan 30	Mon, 5p - 6p	FREE
S4: Mar 27	Mon, 5p - 6p	FREE
S5: May 1	Mon, 5p - 6p	FREE
S6: Jun 26	Mon, 5p - 6p	FREE

Cutting the Cord

National Digital Equity Center

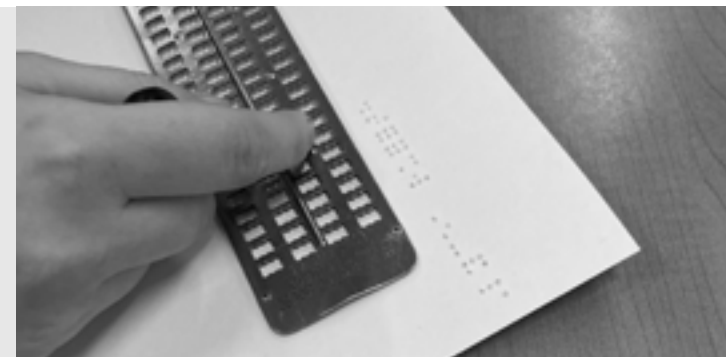
What does it mean to "cut the cord"? It's about canceling cable or satellite services and being able to watch television shows online, as well as options that would allow you to get rid of your landline. This class will not only show you the wide variety of options out there, but also teach you some tools to decide if cutting the cord is right for you.

Requirements for this class:

No devices are required; just bring yourself.

Minimum: 5 | Maximum: 10

Jan 16	Thur, 5:30p - 6:30p	FREE
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Estate Planning & Trusts

with Kathryn Bedell, Esq.

Prepare for the Uncertainties of Life: Revocable Trusts & Irrevocable Trusts - Are They Right for You?

This class will begin with an overview of basic estate planning, including wills, powers of attorney, health care directives, etc. The class will then delve into learning how revocable trusts can help avoid probate and protect your privacy, and how irrevocable trusts can protect your assets from nursing home or Maine Care (Medicaid) liens. Discussion will include other strategies to safeguard assets from life events such as business failure or divorce of adult children.

Kathryn Bedell is a lawyer in York, Maine and has been practicing for 31 years. Her practice focuses on estate planning, asset preservation, and probate matters.

Minimum: 15 | Maximum: 50

Apr 30	Wed, 6:30p - 8:30p	\$12
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Affordable Internet After the ACP

National Digital Equity Center

In this one-hour class, we will look at the timeline published by the FCC regarding the Affordable Connectivity Program wind down, so you know what to expect. We will also look at several options which may help you get the internet access you need at a price you can afford.

Requirements for this class:

No devices are required; just bring yourself.

Minimum: 5 | Maximum: 10

Jan 24	Fri, 5p - 6p	FREE
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Every Picture Tells a Story: Organizing Photos

Jill Braceland

Learn techniques on how to work through that box of photographs we all have. Integrating the stories behind the pictures will also be explored. Please bring some of your photographs to get started.

Minimum: 4 | Maximum: 10

Feb 3	Mon, 6p - 8p	\$15
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Basic Internet Safety

National Digital Equity Center

Staying safe online is essential in today's world. This class teaches you how to keep your information and your computer/devices safe.

Requirements for this class:

No devices are required; just bring yourself.

Minimum: 5 | Maximum: 10

Jan 23	Thur, 2p - 3p	FREE
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My Dying To Do List

Jill Braceland

This seminar is designed to offer organizational strategies to start your downsizing efforts. Establish your project priorities, learn what supplies you might need, and set realistic time constraints. Leave with an action plan.

Minimum: 4 | Maximum: 10

Mar 19	Wed, 6p - 8p	\$15
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Taming The "To Do" List

Jill Braceland

Identify techniques that will help you organize your personal time. Suggestions offered include prioritizing, creating the "To Do" list, and how we underestimate time. Tips on how to stop procrastinating and being overwhelmed will also be discussed.

Minimum: 4 | Maximum: 8

Feb 25	Tue, 6p - 8p	\$15
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Downsizing

Jill Braceland

This seminar is designed to offer organizing strategies to start your downsizing efforts. Establish your project priorities, learn what supplies you might need, and set realistic time constraints. Leave with an action plan.

Minimum: 4 | Maximum: 10

Jan 21	Tue, 6p - 8p	\$15
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Indoor Plants



Windowsill Herb Garden

Beth Goody
Hanson Elementary School, Lebanon

Let's grow fresh herbs for cooking! Beth will bring a variety of herb plants to class. Learn how to grow, harvest and cook with them. You will plant your own herb seeds to start your garden! Herb plants will be available for purchase!

A materials fee of \$5 is payable to the instructor at the start of class.

Minimum: 4 | Maximum: 8

Apr 30 **Wed, 6p - 8p** **\$18**



House Plant Care

Beth Goody
Hanson Elementary School, Lebanon

Have you always wanted to have beautiful plants in your home but don't have a green thumb? Come and learn about the perfect plants that will thrive in your home. We will also discuss any problems you may have with existing plants. Beth is a very knowledgeable horticulturist and will answer all of your questions.

Minimum: 4 | Maximum: 8

May 7 **Wed, 6p - 8p** **\$18**

TRAVEL



Planning Your Disney Vacation

Kelly Monroe

Come to this one-night class to meet Kelly Monroe, owner of "In The Magic Travel" an authorized Disney Vacation Planner. She is a travel agent who specializes in all things Disney! You'll be given information on resorts, park tickets/ reservations, theme parks and dining.

Kelly is an experienced Disney traveler and can provide you with the tips and tricks you usually only hear about after your trip. She will help you with everything you need to know so you can plan your magical Disney vacation.

Minimum: 4 | Maximum: 10

May 12 **Mon, 6p - 8p** **FREE**

Cruising with Kelly

Kelly Monroe

Are you interested in taking a cruise but not sure where to start? Come to this one-night class with Kelly Monroe, owner of "In The Magic Travel." Learn about cruise lines, itineraries and departure ports. You will learn about what to expect and how to proceed.

Minimum: 4 | Maximum: 10

Jan 27 **Mon, 6p - 8p** **FREE**



Plan your European Vacation

Leslie Slater

Are you planning your bucket list trip to Europe? Not sure what options are best for you? Leslie Slater of Cobbled Streets Travel is an experienced European traveler who can offer you tips, tricks, and insights to make your dream trip everything you want it to be. Leslie will be offering two sessions this winter: the first will focus on travels to Portugal, and the second will focus on travels to Amsterdam.

Minimum: 5 | Maximum: 10

Portugal: **Feb 4** **Tue, 6p - 8p** **FREE**
Amsterdam: **Mar 27** **Thur, 6p - 8p** **FREE**

COOKING



Sourdough 101: Starting the Starter

Kayla Day

Have you ever wanted to learn how to make your own sourdough bread from start to finish? NACE is excited to welcome the owner and baker of Little Acre Farm, Kayla Day, to our Winter/Spring 2025 classes! In this introduction to making sourdough, Kayla will teach you how to make your own starter from scratch, including initially starting the dough and feeding and maintaining the dough until it is ready to be baked. She will go over common issues that can arise from making sourdough starters and show you what each stage of the dough should look/smell like. You will leave the class with your own starter dough that you will feed until it is ready for baking. The cost of this class includes everything to get started.

Minimum: 4 | Maximum: 6

To Be Determined



Sourdough 102: Ready. Set. BAKE!

Kayla Day

Now that you have learned the art of making your own sourdough starters, it's time to see the different things that you can bake with it! If you took Kayla's Sourdough 101 class and have a starter that is ready to bake you can bring it to class or purchase a starter before the class. In this class you will learn different mixing and folding techniques to get the perfect bread. You will also learn how to take any excess dough you may have and see what you can make with it. Kayla will have dough ready to bake in class and you will get to take home the loaves made to bake at home.

A materials list for this class will be available on the registration page for this class, or you can purchase what you will need directly from the instructor.

Minimum: 4 | Maximum: 6

To Be Determined

Noble Striders

Bringing Community Together, One Step At A Time

Since 2001, we have opened our doors to welcome community members to walk our multiple indoor and outdoor walking routes throughout the Noble High School property. Indoor routes range from 1/3 to 1/2 mile. If you're up for a challenge, you have the option of including stairs in your workout. This is a great way to get in some exercise, especially during the cold New England months. Bring a friend or come as a family. All are welcome! Not to mention, joining is FREE!

To join, just drop by the adult education office to sign in and pick up a name tag. When you're done, just sign out and drop off your name tag. Join the fun and become a Noble Strider!

Jan 6 - Jun 30 **Mon - Thur, 3:30p - 8p** **FREE**



Tai Chi

Dale McKibben

Improve your well being through the peaceful movements of Tai Chi. Tai Chi is an excellent way to improve your strength, balance, flexibility, and coordination. This slow movement exercise is great for people of all ages and skill levels. In this 8-week program, you will walk through the different series of movements of Tai Chi.

Minimum: 5 | Maximum: 12

Apr 30 - Jun 18 **Wed, 10a - 11a** **\$60**

"The most wonderful class! I loved learning from Dale and Ed. Dale was kind, patient, fun and so smart. I loved her energy and appreciated the opportunity to move my body in this way and learn the form of Tai Chi."

- K.N.

Gentle Beginner Hatha Yoga

Nancy Cotty

Join us for a class in Hatha Yoga led by certified instructor, Nancy Cotty from **Peace Within Yoga**. Yoga is a great way to relax and improve your health and wellbeing. The focus will be on stretching and breathing while building your strength and finding peace. All levels are welcome. Yoga classes are ongoing, and there will be sessions throughout the school year. Drop-ins are welcome, and new students can join anytime. All equipment will be provided.

Information learned through yoga classes and workshops should not be considered a substitute for medical advice.

No class April 22

Minimum: 5 | Maximum: 12

S5: Feb 25 - Apr 1	Tue, 5:30p - 6:45p	\$60
S6: Apr 8 - May 20	Tue, 5:30p - 6:45p	\$60
S7: May 27 - Jun 10	Tue, 5:30p - 6:45p	\$30

Hip Opener Workshop

Nancy Cotty

This workshop is designed to loosen and stretch the hip joint so that movement in that area is easier and less tense. We will combine some restorative yoga poses with other poses that will increase flexibility and strengthen the body (especially the hip joints). Much of what we cover can be done at home after the workshop, so you can continue opening the hips and leg muscles on your own. All equipment will be provided.

Information learned through yoga classes and workshops should not be considered a substitute for medical advice.

Minimum: 5 | Maximum: 12

Feb 13 **Thur, 6p - 7:30p** **\$20**



Low Back Relief Yoga Workshop

Nancy Cotty

This workshop is designed to help strengthen and stretch the low back and abdominal muscles. These two muscle groups work together to form a strong core to support our whole body. The poses that we learn will also open the hips and stretch the back and whole body. We will learn many poses that can be practiced at home. Join us and learn some poses that can help relieve your tension. All levels are welcome. Information learned through yoga classes and workshops should not be considered a substitute for medical advice.

Minimum: 5 | Maximum: 12

Mar 6 **Thur, 6p - 7:30p** **\$20**

Learn How To Play Disc Golf

Jesse Cotty and Scott Walsh

Hammond Farm Disc Golf Course, North Berwick

Come check out Hammond Farm Disc Golf Course, here in North Berwick at 410 Fox Farm Hill Rd. You will get a lesson and some practice time before you head out on the course to play a round. If you are a beginner, pro player Scott Walsh will introduce you to the game; if you have some experience playing, Scott will help you improve your disc golf skills. We will provide the discs if you need them, so all you need to bring is your sense of adventure and willingness to have fun!

Minimum: 5 | Maximum: 12

May 9 (Rain Date May 16) **Fri, 4:30p** **\$15**

Zumba

Maribel Deprese

Zumba - Fitness and Fun Dance is a total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility. Maribel mixes both low-intensity and high-intensity moves for a calorie-burning dance fitness party. Students of all experience levels are welcome in this class, and Maribel will help show students both low and high impact dance moves to fit students' class goals/abilities. If you're looking for a no-pressure fitness class that brings lots of fun and energy, then this class is for you!

Bring a water bottle. Wear comfortable clothes and indoor shoes with little to no tread to reduce twisting knee joints.

No class February 17, April 21, May 26

Minimum: 5 | Maximum: 10

S3: Jan 27 - Mar 10	Mon, 5:30p - 6:30p	\$45
S4: Mar 17 - Apr 28	Mon, 5:30p - 6:30p	\$45
S5: May 5 - Jun 16	Mon, 5:30p - 6:30p	\$45



Beginner Line Dancing with DTL

Jennifer Hanson

Dance the Line, North Berwick

Ever wanted to learn how to line dance? Now's your chance!

NACE is excited to welcome aboard Jennifer Hanson, owner of and instructor at Dance The Line, to our winter/spring program with a beginner line dancing class! If you've never tried country line dancing before, it's never too late to start learning! The dance floor can be a wonderful place. Your success all starts with taking a simple, first step. We will have fun, exercise, listen to great country music, meet new people, and learn to line dance all in one!

What you need to know for a lesson

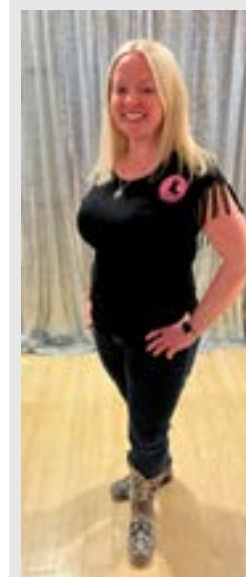
Dancing can be an amazing time. Here are a few reminders to prepare you for class;

- Come ready to learn something new. Think positive. You can do it!
- Bring water
- Wear comfortable clothes and dress in layers
- Wear sneakers or boots that slide and turn easy
- No sandals or heels
- Bring a friend and be prepared to have fun!

****Please bring a pair of shoes or boots to change into to keep floors clean & safe for all. ****

Minimum: 10 | Maximum: 20

Mar 11 - Apr 15 **Tue, 6p - 7p** **\$60**



MEET JENNIFER!

Jennifer Hanson is the owner of Dance the Line in Dover, New Hampshire. Her love for line dancing began at a young age when her mother took her to local community country line dance classes. As an adult, Jennifer rekindled this passion when she attended a line dance class with a friend, and she quickly fell in love with it all over again.

Driven by her enthusiasm, Jennifer sought various classes, training sessions, and workshops to deepen her knowledge and skills. Her goal was to share the joy of dance with others. For Jennifer, the dance floor is a sanctuary where she can escape the pressures of the world and immerse herself in music.

We are excited to welcome Jennifer, with over 15 years of experience in dancing and teaching country line and partner dances



Learn How Pets Communicate from the Afterlife

Learn how pets in spirit have the ability to send signals to the living, and wait for us in the afterlife. Rob Gutro, medium, paranormal investigator, scientist, and author of the **Pets and the Afterlife series (books 1-4)** will discuss how to cope with grief after losing a beloved pet. He will identify the signs they give us and the science behind why living pets can sense entities. By the end of the talk, you'll be able to find the signs from your pets in spirit.

Minimum: 3 | Maximum: 6

S1: Jan 14	Tue, 6p - 7:30p	\$15
S2: Apr 29	Tue, 6p - 7:30p	\$15

What's It Like to Go on a Ghost Hunt?

Learn what it's like to go on a paranormal investigation with professionals. This talk includes some of the cases, like the Dismembered Ghost, Alleyway Ghost, House of Darkness, and the Burned Ghost.

Minimum: 3 | Maximum: 10

Jan 21	Tue, 6p - 7:30p	\$15
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A Chilling True Haunting: A Double Murder Ghost Investigation

Rob Gutro will share a chilling case from the files of the Inspired Ghost **Tracking (IGT) team of Maryland**, where the team investigated a private home reporting paranormal activity. What they found was the result of a double murder with amazing confirmations of what happened and photographic proof of the ghosts left behind.

Minimum: 3 | Maximum: 10

Jan 28	Tue, 6p - 7:30p	\$15
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Experience Four Haunted Historic Places

Ghosts are known to stay in old structures, and historic places seem to be rife with them. In this presentation, Rob will share his experiences with other paranormal investigators at the home of Dr. Samuel Mudd, the Sotterley Plantation, Montpelier Mansion, and Howard Historic Society. You'll see a ghost sketch that resembles an actual photo of the man who haunts a place, a photo of Dr. Mudd coming down a staircase, and more!

Minimum: 3 | Maximum: 10

Jan 28	Tue, 6p - 7:30p	\$15
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Learn How to Find Signs from Departed Loved Ones

Holidays like Valentine's Day are times when spirits of loved ones give us messages. In this class you'll learn some signs to look for from your loved ones. To understand what happens after death and how to recognize communications from spirits of loved ones, this is a class for you. Learn what blocks messages and hear true encounters from others. By the end of the talk, you'll know what to look for.

Minimum: 3 | Maximum: 10

Feb 11	Tue, 6p - 7:30p	\$15
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Ghosts Across the Pond



Ghosts of England

What happens when a medium goes on vacation? Do you think that mediums can turn off their abilities to sense ghosts when they go on a leisurely break? Well, not really. The author had two vacations in England and each time encountered a lot of ghosts who wanted to share their stories. They wanted to let him know they are still around, still live in their houses or castles, drink in their favorite pub, or need help with something. You'll meet some known and some unknown people from the past. From Rob Gutro's best-selling book **Ghosts of England on a Medium's Vacation** including his ghost sketches and photographs.

Minimum: 3 | Maximum: 10

Feb 25	Tue, 6p - 7:30p	\$15
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Ghosts of Ireland

When author Rob Gutro vacationed in Ireland and visited places like a haunted jail, castle, ruins, hotel, and shops, he found that many ghosts—including "smoky ghosts"—all over the country wanted to share their stories. From Rob Gutro's latest book **Ghosts of Ireland on a Medium's Vacation**.

Minimum: 3 | Maximum: 10

Apr 15	Tue, 6p - 7:30p	\$15
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Why Are There So Many Ghosts at the Belmont Mansion?

Rob Gutro
A historic Mansion in Central Maryland is home to quite a few ghosts, all with different stories from the 1800s to the present day. There's also a portal in the home that leads to another place on the property. Learn about these different ghosts and why they have chosen to stay there.

Minimum: 3 | Maximum: 10

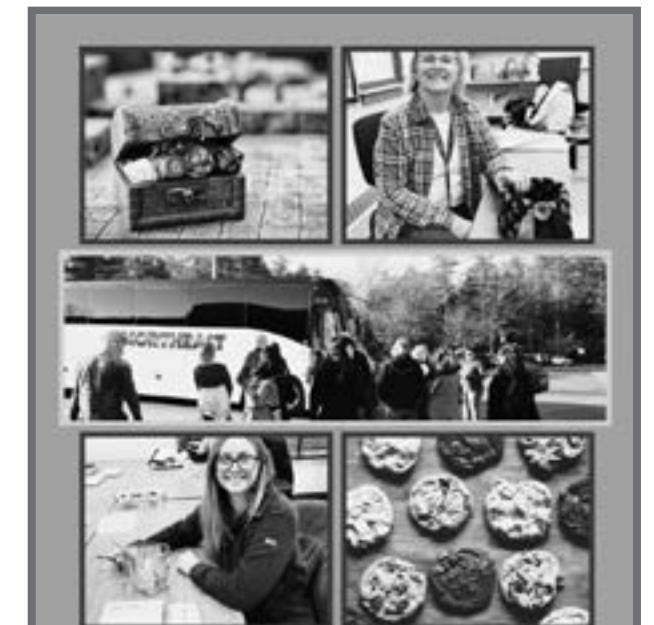
Feb 18	Tue, 6p - 7:30p	\$15
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Experience an Amazing Spirit Treasure Hunt!

Rob Gutro
A male spirit, who befriended medium Rob Gutro over more than 18 years of ago provided Rob with many disconnected signs that solved the mystery of the man's death. The spirit helped prove he was also with each member of his family before Rob visited them for the first time ever. In this lecture, you will learn about the spirit Rob befriended, and Rob will also show you how to recognize signs and explain how mediumship works from his own experiences.

Minimum: 3 | Maximum: 10

Apr 22	Tue, 6p - 7:30p	\$15
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POP-UP CLASSES

Throughout the semester, we may have "pop-up" classes not advertised in our brochure. Be sure to follow us on Facebook and visit our website for class updates!



Winter // Spring 2025 Registration Form

Name _____ Date of Birth _____

ADDRESS:

Street _____

City _____ State _____ Zip _____

CONTACT:

Home _____ Cell _____ Email _____

CLASS ENROLLMENT

Each class requires a minimum number of participants. Courses that do not attract appropriate student enrollment one week prior to the start date are subject to cancellation. If you are unsure if your class will run, you can call our office or email us to confirm.

Classes are filled on a first-come, first-served basis.

Age Policy

Participants must be 18 years of age. If a student under the age of 18 is interested in taking a class, permission must be granted in advance by the instructor, and the participant must be accompanied by a parent or legal guardian who must also register for the course.

Senior Discount (Age 65+)

If there is a senior citizens' discount available for a class, it is listed in the class description.

Not all classes offer a senior discount.

How to Register for a Class Online

To register for NACE classes online, please visit our website at noble.maineadulted.org. If there is a specific class you are looking for, you can search on the website under the enrichment dropdown, or if you are viewing our interactive PDF, links will take you directly to the class you select. If you are having trouble registering online, please call our office at 207-676-3223 and we can help you.

In Person

During office hours, you can come to the NACE office located at **Noble High School** in **North Berwick**, and you can pay with cash, check, or card.

By Mail

If you would like to mail in your registration, please fill out the form on the next page and send it to:

Noble Adult & Community Education
100 Noble Way
North Berwick, ME 03906

REFUNDS

- **100% REFUND:**
if a course is cancelled.
- **100% REFUND LESS PROCESSING FEES:**
if you withdraw at least five business days before the class.
- **NO REFUNDS:**
if you withdraw within five days of the class start date.
- **FOR CLASSES THAT MEET MULTIPLE TIMES:**
50% refund if you withdraw before the second class.
No refund after the second class.
- **FOR BUS TRIPS:**
Because buses must be paid for ahead of time, there will be a deadline noted for the cutoff date on trip refunds.
After the date has passed, there are no refunds.

Refunds are issued in the same method as payment. Refunds for online payments will be processed immediately. Refunds for cash or check payments may take up to three weeks.

Weather and Holiday Closures

If the school district has cancelled school for the day, then all adult education classes will also be cancelled for that day and evening.

Whenever possible, we will leave a message on our office voicemail (207) 676-3223. We will also post on our website and social media pages when there is a cancellation.

School Vacations

There are no adult education classes held during school vacations unless arrangements have been made in advance.

FOLLOW US ON SOCIAL MEDIA!




facebook nobleadulteducation
 instagram noble_adult_and_community_ed

#nobleadulted

COURSE NAME (please specify class dates)

COURSE FEE

1	_____	\$ _____
2	_____	\$ _____
3	_____	\$ _____
4	_____	\$ _____
5	_____	\$ _____
6	_____	\$ _____

TOTAL \$ _____

We accept:

- cash
- checks
- money orders
- credit/debit cards.

Please make checks payable to NACE:

** There will be a \$30 fee for any returned check.

Mail completed form with payment to:

Noble Adult and Community Education
100 Noble Way
North Berwick, ME 03906

CREDIT CARD PAYMENT

VISA or Mastercard

** Please note, payments by credit card are assessed an additional **\$1.99** fee per class registration.

Card Number _____

Expiration _____ CVV _____

Signature _____

CLASS LOCATIONS



NOBLE HIGH SCHOOL
100 Noble Way, North Berwick, ME 03906



HANSON SCHOOL
53 Upper Guinea Rd, Lebanon, ME 04027

Exciting Offerings Await!



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Hand Embroidery, pg. 9



Travel, pg. 16-17



Intermediate Acrylic Painting, pg. 7



Sourdough 101, pg. 17



Noble Adult & Community Education
100 Noble Way
North Berwick, ME 03906

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